

All Day Dining 11am - 8pm

## Side Dishes

<u>Fries</u> 4	<u>Sweet Potato Fries</u> 5
<u>Fruit</u> 4	<u>Onion Rings</u> 4
<u>Veggies</u> 4	<u>House Salad</u> 4

## Little Swimmers

<u>Hot Dog</u> 7	<u>Grilled Cheese</u> 7
<u>Cheeseburger</u> 7	<u>Chicken Tenders</u> 7
<u>Cheese Crisp</u> 7	<u>Pepperoni Flatbread</u> 7

Served with Fries or Chips and a Small Soft Drink  
or Apple / Grape Juice

## Smoothies

Strawberry, Raspberry, Banana, Pina Colada,  
Mango, Chocolate, Vanilla or Frozen Lemonade 6

Add Specialty Fuel Supplements

Re-Fuel, Energy or Fat Burner 1

## Non - Alcoholic Beverages

<u>Coffee / Hot Tea</u> 2	<u>Juice</u> 2.5
<u>Milk</u> 2	<u>Iced Tea</u> 2.5
<u>Bottled Water</u> 2	<u>Bai5</u> 5
<u>Soft Drink</u> 2	

## Beer

<u>Domestic</u> 5.5	<u>Import</u> 5.5
<u>Drafts</u> 6	<u>Bucket of Beers (4)</u> 20

## Cocktails

<u>Well Drinks</u> 7	<u>Premium Drinks</u> 9
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**Ask to see our Drink Menu for  
Specialty Drinks and Margaritas**

Breakfast Available 8am - 11am

## Signature Dishes

### Southwest Breakfast Burrito 9.5

Scrambled eggs, pico de gallo, chorizo, breakfast potatoes,  
& pepper jack cheese

### Splash Scramble\* 9.5

Two eggs any style, potatoes, toast,  
& your choice of bacon or sausage

### Breakfast Sandwich 9.5

Scrambled eggs with your choice of bacon or sausage, topped  
with american cheese, served with breakfast potatoes

### Original Stack 9

Three buttermilk pancakes with bacon or sausage

### Steel Cut Oatmeal 6.5

Hot oatmeal served with brown sugar, cinnamon,  
sun dried raisins & topped with granola

### Breakfast Tacos 9.5

Scrambled eggs, choice of bacon or sausage, pico de gallo,  
breakfast potatoes, & pepper jack cheese,  
served with chips & salsa

### Breakfast Flatbread 9

Scrambled eggs, chorizo, bacon, & cheese on a flatbread

## A La Carte

### Fresh Berry & Yogurt Parfait 6.5

### Two Eggs\* 4

### Breakfast Potatoes 3.5

### Bacon 3.5

### Sausage 3.5

### Fresh Fruit with Yogurt 8

### Bagel with Cream Cheese 5

### Toast 3

\*Eggs and hamburgers are cooked to order. Consuming raw or  
undercooked meat, seafood, and eggs may increase your risk of  
food-borne illness.

We pride ourselves in providing gluten friendly menu choices.  
While we endeavor to carefully prepare those meals to accommodate  
a gluten free diet, please be aware that they may be prepared in an  
environment where gluten is present. Please ask your server to  
assist you in making your selection. Please consult your physician  
as to your personal health decisions.

## Starters

### Buffalo Wings 9

Hot, mild, or tangy BBQ

### Nachos 8

Tortilla chips, pico de gallo, with melted cheese

Add chicken: 4    Add beef: 4

### Protein Pack 8.5

Three types of cheese with crackers, walnuts, & fruit

### Veggie Tray 7

Cucumbers, carrot sticks, and celery, served with ranch

### Jalapeno Poppers 7

### Cheese Quesadilla 7

### Chicken Fingers with Fries 9.5

### Mozzarella Sticks 8

## Salad or Wrap

Add Chicken 4    Add Shrimp 5

Add Turkey 4    Add Salmon 5

### Caesar Salad / Wrap 8

Crisp romaine with shaved parmesan cheese & croutons

### The Oasis Salad / Wrap 8

Fresh spinach with tomatoes, mushrooms, & cucumbers

### Taco Salad / Wrap 8

Shredded lettuce, pico de gallo, shredded cheese, sour cream, salsa and chips

### Berry Salad / Wrap 8

Mixed greens with strawberries, blueberries, cucumbers, walnuts, & feta cheese

### Vegetable Salad / Wrap 8

Crisp romaine, celery, onion, tomatoes, cucumber, peppers, & mozzarella

## Flatbreads

### Basil Tomato with Chicken 8

Tomato, basil, parmesan, & mozzarella cheese topped with chicken

### Veggie 8

Spinach, onion, tomato, bell pepper & mushroom

### BBQ Chicken 8

BBQ sauce, onion, & cheddar cheese topped with chicken

### Pepperoni 8

## Tacos & Sandwiches

All items served with your choice of side

(Fries, sweet potato fries, onion rings, fruit, veggies, or house salad)

### Chicken Tacos 10

Pico de gallo, chipotle sauce, & pepper jack cheese

### Shrimp Tacos 12

Pico de gallo, avocado spread, lettuce, chipotle sauce, & pepper jack cheese

### California Chicken Sandwich 10

Chicken breast served on 9 grain bread with avocado spread, swiss cheese, lettuce, & tomato

### Caprese Sandwich 10

Tomato, basil, & mozzarella cheese with a drizzle of balsamic and olive oil, served on sourdough bread

### Classic BLT 9

Bacon, lettuce, & tomato, served on sourdough bread

### Grilled Salmon BLT 12

Grilled salmon, bacon, lettuce, tomato, chipotle mayo, served on sourdough bread

### Smoked Turkey Sandwich 10

Smoked turkey, bacon, lettuce, tomato, swiss cheese, & avocado spread, served on sourdough bread

## Specialty Burgers\*

Half-Pound Beef Patty Served on a Sesame Seed Bun with  
Lettuce, Tomato, Pickle, & Onion

### Arizonian 11

Jalapeno peppers, salsa, pepper jack cheese

### Western 11

BBQ sauce, bacon, cheddar cheese

### Swiss & Mushroom 10.5

Mushroom & swiss cheese

### Classic Cheeseburger 10

Can't go wrong with the classic!

Ask to make your burger a veggie burger

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